



Heep Hong Society
Hoi Fu Parents Resource Centre
Newsletter Issue no. **01**
(For ethnic minority family members)



Inaugural Print Issue

Application deadline: 28/11/2020

Center Introduction

Hoi Fu Parents Resource Centre aims to provide diverse and comprehensive supportive services to parents of children with special needs and developmental delays. With the help of Parents Resource Centre, parents can acquire resources which help deal with their parenting difficulties as well as foster the growth of their children. Moreover, through mutual support and encouragement among parents, parents can be empowered.

Scope of Services

● Hotline Service	● Training / Interest classes	● Toy Library
● Individual counselling	● Support group	● Community Education
● Talk/ Workshops/ Seminars	● Family activities	●


Eligibility for membership and application procedures

Membership types	Parent membership	Affiliate membership
Eligibility	Applicants have to be the parents or guardians of the person with special needs	Anyone who is interested in rehabilitation services <i>OR</i> wishes to use our library services
Fee	Permanent (\$500)/ 3-Year (HK\$100)/ 1-Year postal (\$50)/ 1-Year electronic (\$21)	1-Year (\$50)
Newsletter	Free of charge	N/A
Application method	Please visit Hoi Fu Parents Resource Centre to register. You may ask for the application form and pay the membership fee with cash or by cheque. *Renew your membership to keep access to our programs and activities.	

Opening Hours

Tuesday to Thursday	9am – 6pm
Friday and Saturday	9am – 7:30pm
Sunday, Monday and Public holiday	Closed

Centre location and contact number

<p>Address: 1/F, Hoi Yan House, Hoi Fu Court, Hoi Wang Road, Mongkok, Kowloon</p> 	Contact number:	2777-5588
	Fax number:	2784-1194
	Email:	hfc@heephong.org
	<p>How to get there</p> <p>MTR: Olympic Railway Station (Exit D) > 10-minute walk to Hoi Fu Court</p> <p>Bus: 2E, 10, 12, 16, 33A, 52X, 68X, 265B, 287X, 887, 914</p> <p>Minibus: 43M, 79K</p>	

Service Quality Standards and Criteria

Hoi Fu Parents Resource Center has the following service quality standards policy documents. If you wish to read them, please contact our centre staff. We accept feedbacks in the form of written documents, telephone calls and case interviews to our centre-in-charge. Parents are welcome to make suggestions to facilitate our service quality enhancement. The service quality standards policy documents are as follows:

SQS 1 The service unit ensures that a clear description of its purpose, objectives and mode of service delivery is publicly available.

SQS 2 The service unit should review and update the documented policies and procedures describing how it will approach key service delivery issues.

SQS 3 The service unit maintains accurate and current records of service operations and activities.

SQS 4 The roles and responsibilities of all staff, managers, the Management Committee and/or the Board or other decision-making bodies should be clearly defined.

SQS 5 The service unit/agency implements effective staff recruitment, contracting, development, training, assessment, deployment and disciplinary practices.

SQS 6 The service unit regularly plans, reviews and evaluates its own performance, and has an effective mechanism by which service users, staff and other interested parties can provide feedback on its performance.

SQS 7 The service unit implements policies and procedures to ensure effective financial management.

SQS 8 The service unit complies with all relevant legal obligations.

SQS 9 The service unit takes all reasonable steps to ensure that it provides a safe physical environment for its staff and service users.

SQS 10 The service unit ensures that service users have clear and accurate information about how to enter and leave the service.

SQS 11 The service unit has a planned approach to assessing and meeting service users' needs (whether the service user is an individual, family, group or community).

SQS 12 The service unit respects the service users' right to make informed choices of the service they receive as far as practicable.

SQS 13 The service unit respects the service users' rights in relation to private property.

SQS 14 The service unit respects the service users' rights for privacy and confidentiality.

SQS 15 Each service user and staff member is free to raise and have addressed, without fear of retribution, any complaints he or she may have regarding the agency or the service unit.

SQS 16 The service unit takes all reasonable steps to ensure that service users are free from abuse.

Membership Particulars Update Form

In order to keep our members posted, please fill out the form below to update any changes of your particulars. You may hand this in in person, by post or fax to Hoi Fu Parents Resource Centre. Thank You!

- Membership Particulars Update Form -	
*Parent's Name:	*Membership No.:
Types of SEN of child:	E-mail:
Contact no.(home):	Address:
Contact no.(work):	Others:



Centre service arrangement during COVID-19

In view of the current COVID-19 pandemic, Hoi Fu Parents Resource Centre has made a few arrangements as of the notice issued by Social Welfare Department as of 14 September.

1. To avoid crowds, large scale activities, toy library, resource corner and walk-in service will be suspended until further notice from Social Welfare Department. Please make an appointment in advance if you wish to visit us.
2. Please follow our infection control measures whenever you attend any of our activities or appointment.
3. Depending on the COVID-19 pandemic situation, the centre may consider using Zoom to replace face-to-face activities. Participants will be notified for the changes by then.
4. Our Centre will ensure adequate cleaning and disinfection work for all the activities.
5. All visitors are required to put on a mask, measure their body temperature, clean their hands and comply with the instructions from our centre staff. For any participants who cannot keep their masks on, he/ she will not be allowed to join our activities and no refund will be made.
6. If any of the visitors are suspected or diagnosed with COVID-19, he/ she has to consult medical support immediately. They are not allowed to join any of the activities on that day. As for the upcoming events, it will depend on the medical condition of the person.
7. For any family members or persons who are in close contact with people who had travelled, please stick to the quarantine requirements and visits to our centre are not allowed.
8. If any family members or people who you had close contact with are found to have COVID-19, please inform us as soon as possible.
9. For any families who have difficulty in getting masks, please contact our staff for further assistance.
10. Please stay tuned for the latest news by paying attention to your phone calls, whatsapps or emails.

Membership renewal arrangement




Please renew your membership from now on for 2021 membership. You may visit our centre upon appointment for further support.

Chinese Lunar New Year arrangement

Hoi Fu Centre will remain open during the Chinese New Year holiday except the public holidays.

Bad Weather Arrangement

Based on the weather report from the Observatory **2 HOURS BEFORE** the activities, we will have the following arrangement. We will **NOT** notify the participants individually. Should you have any questions, please call Hoi Fu Parents Resource Centre at 2777-5588 or whatsapp at 5510-8114.

		 T 1 Amber 黃	 L 3 Red 紅	 Typhoon Signal No. 8 OR Black 黑
Centre Operation		☺	☺	✕ #1
Indoor activities	Activities with preschoolers		✕ #2	✕
	Activities with primary school children or above	☺	☺ #2	
	Activities with parents ONLY		☺ #2	
Outdoor activities	Activities with preschoolers or above	☺	✕ #2	✕
	Activities with parents ONLY			
☺ The activities will carry on.		✕ The activities will be canceled or postponed.		

#1: The Centre will resume service within 2 hours once the signal is lowered. However, if the signal is lowered after 2PM (Tue to Thur) or 3PM (Fri and Sat), the service will NOT be resumed.

#2: Depending on the weather, special activities may be carried on or canceled.

Water Sports Activities

All water sports activities will be canceled if the thunderstorm warning signal is issued.

When the weather condition changes within 2 hours before the activities

If the signal is lowered within 2 hours before the activities, the activities will still be canceled.

If a stronger signal is expected within 2 hours before the activities, the activities will be canceled.

During the activities

If the weather event gets worse during the activities, the Centre will either dismiss or keep the participants under a safe circumstance.

Special arrangement

Apart from the factors above, the Centre may also make special arrangement depending on the weather condition, location as well as the nature of activity. We shall notify participants 2 hours before the activities. Parents should also decide whether to attend the activities as appropriate.

Rules and Responsibilities

1. Participants have to be punctual. Late comers will not be entertained.
2. Parents with no-shows for more than two times in a quarter will automatically be placed in the waiting list for the next quarter of activities enrollment.
3. Once accepted to the activity, no change of participants is allowed, unless a valid ground is given.
4. Parents should not leave their child(ren) unattended anywhere. Parents can only leave when the activity starts and return once the activity ends.
5. Parents who have to bring two children alone to attend activities can ask for special permission for inviting a relative to help. Discretion will be applied to special condition such as single-parent family or pregnancy.
6. Family members from the extended family (relatives) will be only considered to be accepted for the activities if there are still quotas left after all registration. If the relatives wish to take up the original quota due to the unavailability of the parents, special request should be made to the centre-in-charge.

Guidelines on Enrollment

1. Fill out the enrollment form.
2. Calculate the total fee for the activities.
3. Pay to Hoi Fu Parents Resource Centre by
 - 1) Crossed Cheque:
 - i. Payable to 'Heep Hong Society';
 - ii. Write the exact payment amount. (See below)

The Hongkong and Shanghai Banking Corporation Limited	香港上海匯豐銀行有限公司
Bonham Strand Office: 35 Bonham Strand, HK	Member HSBC Group · 豐集團成員
文咸東街分行 香港文咸東街文華大廈	8 / 11 / 2020
Heep Hong Society	日 Day 月 Month 年 Year
祈付 Pay	或持有人
港幣	or bearer
HK Dollars ONE HUNDRED DOLLAR ONLY	\$ 100-
Mary Ahmed	Mary
"826527" 004"459": 105128"001"1	

SAMPLE

- 2) Cash:
You may pay in person or authorize others to pay the amount in our centre.
4. Submit the enrollment form before the deadline
 - 1) by post:
 - i. Send us the enrollment form together with the crossed cheque to our centre (DO NOT mail us the cash).
 - ii. Write "Activity Enrollment" on the envelope to specify.
 - iii. Make sure there is enough stamp fee.

2) in person in Hoi Fu Parents Resource Centre

5. All activities are on **first-come, first-served basis**. Registration status will be confirmed once the application form is submitted.

Activity enrollment schedule (Issue no.102)	
Application deadline:	28/11/2020
The next newsletter (Issue No. 103) will be published on 03 Feb 2021.	

Remarks:

1. We do not accept application via telephone calls, whatsapp or fax.
2. No change of participants once you are accepted into the program. If you wish to withdraw from the activity, there will be no refund. No make-up classes will be offered in any circumstances. Please inform our centre staff if you encounter any difficulties.
3. In case of any bounced checks, all registrations will be canceled.
4. Please keep the receipts until the end of all activities. Receipt is needed if a refund is arranged by our centre.
5. Hoi Fu Parents Resource Centre offers fee reduction to families on CSSA or with financial difficulty. Please contact our social workers for further details.

Program Change, Refund and Cancellation Policy

1. Please refer to the "Bad Weather Arrangement" in case of any extreme weather condition. The centre will decide whether to carry on or cancel the activity depending on the weather condition.
2. If the participant cannot join the activity due to the cancellation or postponement of activity by the Centre, a refund will be offered.
3. The Centre will arrange make-up classes if the activity is affected by the extreme weather. Yet no refund will be given if the participant cannot join the make-up classes. If no make-up classes can be arranged, refund on a pro-rata basis will be given.
4. For any refunds, participants have to visit our Centre in person together with the receipt **within a month** after the announcement of result. Late request will not be entertained and considered as donation without prior notice.
5. There will be photo-taking during the activities for our internal record. Please inform us if you do not wish your pictures to be taken.
6. For any joint programs with our parties, the Centre may disclose certain information such as name, sex and age to them, depending on the nature of activity.

Children Zone

Responsible worker: Miss Joy

Program Name	Date	Time	Venue	Target	Capacity	Fee	Content
"Be an art designer" Art craft making class	16/1, 23/1, 30/1, 6/2/2021 (Sat)	10:30am-11:30pm	Hoi Fu Centre	Children aged 4-8 with special needs (studying in mainstream schools)	8	\$180	Miss Jan will teach us how to DIY a tote bag and a mask with different art skills! Make it unique and bring it home! Tutor: Miss Jan Graduated from The Hong Kong Polytechnic University, Ms Jan is an interior Designer who has previous experience in teaching children and hosting different exhibitions.
"Happy Chinese Learning!" Chinese learning class	9/1, 16/1, 23/1, 30/1/2021 (Sat)	12-1pm		P1-P3 students with special needs (studying in mainstream schools)	6	\$40	Let us learn more Chinese vocabulary by playing fun games, reading story books and learning some character writing skills!
"Making good friends" Social skills training class	30/1, 6/2, 20/2, 27/2, 6/3, 13/3/2021 (Sat)	3:00-3:45pm		K3 students with special needs (studying in mainstream schools)	6	\$50	Through different group games, children can learn how to listen to instructions, taking turns and sharing etc.
"Fun English learning" English learning class	6/3, 13/3, 20/3, 27/3/2021 (Sat)	10-11am		P1-P3 students with special needs (studying in mainstream schools)	6	\$40	Have fun in learning English by engaging in group activities and story reading!



Parent Zone

Responsible worker: Miss Joy & Akhtar

Program Name	Date	Time	Venue	Target	Capacity	Fee	Content
"Let's relax and get pretty" Ladies wellness group	7/1, 4/2, 4/3/2021 (Every 1 st Thursday of the month)	10-11am	Hoi Fu Centre	Any parents with children of special needs	20	\$10	Taking care of children and household chores are tiring for everyone! Let's enjoy a chill morning together and remind ourselves of how pretty we are!
"Love and share" Parent support group	5/3, 12/3, 19/3, 26/3/2021 (Fri)	10-11:30am		Any parents with children of special needs	10	\$10	There are always frustrations and questions when taking care of children with special needs. Come and share our difficulties with us who have similar background with you! We are there for you!
"Once upon a time" Story-telling learning group	19/2, 26/2/2021 (Fri)	9:30-11:30am		Any parents with children aged 2-8 years old and of special needs	20	FREE	Story telling is good for children to learn more words and improve parent-child relationship. Supported by Bring Me A Book, we offer a 4-hour training session for parents to learn skills on story-telling to kids. <i>*Participants with full attendance can get 2 NEW story books after completing the lessons!</i>



Family Zone

Responsible worker: Miss Joy & Shweeta

Program Name	Date	Time	Venue	Target	Capacity	Fee	Content
Saturday Movie Club@Jan	23/1, 30/1/2021 (Sat)	4:30-6:30pm	Hoi Fu Centre	Any family members (at most 4 people for each family)	20	FREE	Sit back and relax after a long weekend with your beloved family members! You deserve a nice movie after so much hard work!
Saturday Movie Club@Feb	20/2, 27/2/2021 (Sat)						
Saturday Movie Club@Mar	20/3, 27/3/2021 (Sat)						
Visit to West Kowloon Art Park	13/3/2021 (Sat)	10am-3pm	West Kowloon Park	Any family members	50	FREE	<p>West Kowloon Park has been well known for its beautiful sceneries and big leisure places. We will have a lot of fun group activities for all of you too!</p> <p>*Please bring your own food and drinks</p> <p>Gathering point and time: Hoi Fu Centre at 10am</p> <p>Dismissal point and time: Hoi Fu Centre at 3pm</p>



बच्चाहरू क्षेत्र

जिम्मेवार व्यक्ति:मिस जोय



कार्यक्रमको नाम	मिती	समय	ठाउँ	लक्ष्य	सिट	शुल्क	विषय
“एक डिजाइनर बननुहोस ” कला शिल्प बनाउने कक्षा	१६/१,२३/१,३०/१,६/२ /२०२१ (शनिवार)	बिहान १०:३०- ११:३०	होइ फु सेन्टर	२-४ वर्ष उमेर भएको विशेष आवश्यकताको बच्चाहरू (मुख्यधाराको स्कूलहरूमा अध्ययन गर्दै)	८	\$१८०	मिस जान ले हामीलाई कसरी टोट्या ब्याग र विभिन्न कला सीपहरूको साथ एक मास्क कसरी आफैले गर्ने तरिका सिकाउनु हुन्छ। राम्रो बनाउनु होस्, अनि घर लानुहोस ! शिक्षक:मिस जान द हड कड पोलिटेक्निक बिस्वबिधलायामा बाट उपाधि प्राप्त गर्नु भएको हो। मिस जान आन्तरिक डिजाइनर हुनुहुन्छ जससँग बच्चाहरूलाई सिकाउने र विभिन्न प्रदर्शनहरूको होस्ट गर्ने सम्बन्धमा अघिल्लो अनुभव छ।
“खुसिले चाइनिज सिकौ ”चाइनिज सिक्ने	९/१,१६/१,२३/१, ३०/१/२०२१	दिउसो १२:००-		विशेष आवश्यकता चाहिने P1-P3 को विद्यार्थीहरू	६	\$४०	आउनुहोस् हामी रमाईलो खेल खेलेर, कथा पुस्तकहरू पढेर र केहि चरित्र




कक्षा	(शनिवार)	१:००		(मुख्यधाराको स्कूलहरूमा अध्ययन गर्दै)			लेखे सीपहरू सिकेर अधिक चिनियाँ शब्दमाला सिकौं
“राम्रो साथी बनाउँ” सामाजिक सिप तालिम कक्षा	३०/१,६/२,२०/२,२७/२ ,६/३,१३/३/२०२१ (शनिवार)	दिउसो ३:००- ३:४५	होइ फु सेन्टर	विशेष आवश्यकता चाहिने K3 को विद्यार्थीहरू (मुख्यधाराको स्कूलहरूमा अध्ययन गर्दै)	६	\$५०	बिभिन्न समूह खेलहरू मार्फत, बच्चाहरूले कसरी निर्देशनहरू सुन्ने, पालो लिने र आदेश गर्ने आदि सिक्न सकिन्छ ।
“खुशीले अंग्रेजी सिकौं	६/३,१३/३,२०/३, २/३/२०२१ (शनिवार)	बिहान १०:००- ११:००		विशेष आवश्यकता चाहिने P1-P3 को विद्यार्थीहरू (मुख्यधाराको स्कूलहरूमा अध्ययन गर्दै)	६	\$४०	समूह गतिविधिहरू र कहानी पढाइमा संलग्न भई सिक्नमा रमाईलो गर्नुहोस्!

अभिभावक क्षेत्र

जिम्मेवार व्यक्ति:मिस जोय र अक्टर

कार्यक्रमको नाम	मिती	समय	ठाउँ	लक्ष्य	सिमित सिट	शुल्क	विषय
“हामी आराम गरौं र सुन्दर बनौं ” महिला कल्याण समूह	७/१,४/२,४/३/२०२१ (हरेक महिनाको पहिलो विहिवार)	बिहान १०:००-११:००	होइ फु सेन्टर	बिशेष विशेष आवश्यकताहरू भएका बालबावलका	२० 	\$१०	घर समाल्नु र बच्चा समाल्न सबैलाई थकित बनाउछ ।सबैजना बिहानको सितलको आनन्द लियर अनि आफैलाई सम्झिम कि हामी कति राम्री छौ ।
“प्रेम र साझेदार” अभिभावक समर्थन समूह	५/३, १२/३, १९/३, २६/३/२०२१ (शुक्रबार) 	बिहान १०:००-११:३०	होइ फु सेन्टर	बिशेष विशेष आवश्यकताहरू भएका बालबावलका	१०	\$१०	विशेष आवश्यकताहरू भएका बच्चाहरूको देखभाल गर्दा त्यहाँ सँधै निराशा र प्रश्नहरू हुन्छन्।आउनुहोस् र हामीसँग तपाईंको कठिनाइहरू बाड्ने गरनुस जुनतपाइलाई जस्तै कठिनाईमा हुनु हुन्छ भनेपनी हामीहरू तपाइको लागि सहयोग गछौ।

<p>“एकादेशमा” कथा सुनाएर सिक्ने समूह</p>	<p>१९/२,२६/२/२०२१ (शुक्रबार)</p>	<p>बिहान ९:३०- ११:३०</p>	<p>होइ सेन्टर फु</p>	<p>२-८ वर्ष उमेर र विशेष आवश्यकताको बच्चाहरूका साथ कुनै पनि अभिभावक</p>	<p>२०</p> 	<p>निशुल्क</p>	<p>बच्चाहरूलाई अधिक शब्दहरू सिक्न र अभिभावक-बच्चाको सम्बन्ध सुधार गर्न कहानी कथन राम्रो हुन्छ ।ब्रिंग मी अ बुक द्वारा आधारित , हामी बच्चाहरूलाई कथा-कथामा सीप सिक्नका लागि अभिभावकहरूको लागि चार घण्टाको तालिम प्रदान गर्दछौं। *पूरा उपस्थितिका साथ सहभागीहरूले पाठ पूरा गरे पछि २ नयाँ कथा पुस्तकहरू प्राप्त गर्न सक्दछन्*</p>
--	--------------------------------------	------------------------------	------------------------------	---	---	----------------	---

परिवार क्षेत्र

जिम्मेवार व्यक्ति:मिस जोय र स्वेता

कार्यक्रमको नाम	मिती	समय	ठाउँ	लक्ष्य	सिमित सिट	शुल्क	विषय
शनिवार चलचित्र क्लब,जेनवरी	२३/१, ३०/१/२०२१ (शनिवार)	दिउसो ४:३०-६:३०	होइ फु सेन्टर	प्रत्येक परिवारका लागि ४ जना सदस्यहरू	२०	निशुल्क	तपाईंको प्रिय परिवारका सदस्यहरूसँग लामो सप्ताह पछि बस्नुहोस् र आराम गर्नुहोस् । तपाईं धेरै कडा परिश्रम पछि एक राम्रो फिल्म हेर्ने योग्य हुनुहुन्छ ।
शनिवार चलचित्र क्लब,फ्रेबरी	२०/२, २७/२/२०२१ (शनिवार)						
शनिवार चलचित्र क्लब,मार्च	२०/३, २७/३/२०२१ (शनिवार)						
वेस्ट कोलुन आर्ट पार्कको भ्रमण	१३/३/२०२१ (शनिवार)	बिहान १०:००-३:००	वेस्ट काउलुन पार्क	कुनै परिवारका सदस्यहरू	५०	निशुल्क	वेस्ट कोलुन पार्क यसको सुन्दर दृश्य र ठुलो फुर्सत ठाउँका लागि परिचित छ । हामी तपाईं सबैको लागि समूह मनोरन्जन गतिविधिहरू तयार पारेको छौं *कृपया तपाईंको आफ्नो खाना र पानी ल्याउनुहोस्* भेटने ठाउँ र समय :होइ फु



							सेन्टर,बिहानको १० बजे प्रस्थान ठाउँ र समय :होइ फु सेन्टर,दिउसको ३ बजे
--	--	--	--	--	--	--	---

بچوں کا زون

زمہ دار ورکر مس جونے

مواد	فیس	گنجائش	هدف	جگہ	وقت	تاریخ	پروگرام کا نام
محترمہ جان ہمکو سکھائیگی کہ ٹوٹی بیگ اور ماسک کو مختلف آرٹ کی صلاحیتوں کے ساتھ کس طرح رنگتے ہیں اسے منفرد بنائیں اور گھر لیکر جائیں ٹیوٹر: مس جان بانگ کانگ پولی ٹیکنک یونیورسٹی سے فارغ التحصیل، محترمہ جان ڈیزائنر ہیں جن کو بچوں کو پڑھانے اور مختلف نمائشوں کی میزبانی کا سابقہ تجربہ ہے	\$180	8	جو خاص - بچے ضرورت کے حامل ہواور مین سٹریم میں پڑھتے سال کے بچے ہو 8-4	ہوئی فو سینٹر	10:30 am 11:30 pm	16/1,23/1 30/1,6/2/20 21 16/1,23/2 ہفتہ	آرٹ ڈیزائنر بنیں آرٹ کرافٹ بنانے کی کلاس
آئیے تفریحی کھیل کھیل کر کہانی کی کتابیں پڑھکر، اور کچھ حروف تحریر سیکھ کر مزید چینی الفاظ سیکھیں	\$40	6	طالب علم جو خاص ضرورت کے حامل ہواور مین سٹریم اسکول میں پڑھتے ہو p1-p3	ہوئی فو سینٹر	12-1 pm	9/1,16/1, 23/1, 30 / 1/2021 ہفتہ	خوشی کے ساتھ چا ٹینز سیکھے چائنز سیکھنے کی کلاس
مختلف گروپ گیمز کے ذریعہ بچے ہدایات کو سننے، باری لینے اور اشتراک کرنے کا طریقہ سیکھ سکتے ہیں	\$50	6	طالب علم جو خاص ضرورت کے حامل ہواور مین سٹریم اسکول میں پڑھتے ہو k3	ہوئی فو سینٹر	3:00 3:45pm	30/1,6/2 20/2,27/2 6/3,13/3/2021 ہفتہ	اچھے دوست بنائیں سماجی مہارت سیکھنے کی کلاس



خوشی کے ساتھ انگلش سیکھیے انگلش سیکھنے کی کلاس	6/3, 13/13, 20/3, 27/3/2021 ہفتہ	10-11 am	ہوئی فو سیٹٹر	طالب علم جو خاص ضرورت کے حامل ہو اور مین سٹریم اسکول میں پڑھتے ہو	6	\$40	گروپ کی سرگرمیوں اور کہانی پڑھنے میں مشغول ہو کر انگریزی سیکھنے میں لطف اٹھائیں
--	---	-------------	------------------	--	---	------	---

والدین زون

زمہ دار ورکر مس جوئے اور مس اخ

مواد	فیس	گنجائش	هدف	جگہ	وقت	تاریخ	پروگرام کا نام
بچوں اور گھروں کا خیال رکھنا ہر ایک کے لئے تھکا دینے والا عمل ہے آئیے ایک ساتھ مل کر صبح کا لطف اٹھا ئیں اور خود کو خوبصورت ہیں یاد دلائیں کہ ہم	\$10	20	کوئی بھی والدین جو خصوصی ضرورت والے بچوں کیساتھ ہو	ہوئی فو سینٹر	10-11pm	7/1,4/2, 4/3/2021 ہر مہینے کی پہلی جمعرات کو	آئیے آرام کریں اور خوبصورت خواتین کی فلاح و بہبود حاصل کریں
خصوصی ضروریات والے بچوں کی دیکھ بھال کرتے وقت ہمیشہ مایوسی اور سوالات ہوتے ہیں انہیں اپنی مشکلات ہمارے ساتھ با نٹیں جو آپ کے ساتھ اسی طرح کا پس منظر رکھتے ہیں ہم آپ کے لئے موجود ہیں	\$10	10	کوئی بھی والدین جو خصوصی ضرورت والے بچوں کیساتھ ہو	ہوئی فو سینٹر	10- 11:30am	5/3, 12/3, 19/3 26/3/2021 جمعہ	والدین سے محبت اور اشتراک کریں والدین حمایت گروپ 

<p>ایک دفعہ کا ذکر ہے، کہانی سنانے اور سیکھنے والا گروپ</p>	<p>19/2, 26/2/2021 جمعہ</p>	<p>9:30- 11:30am</p>	<p>ہوئی فو سینٹر</p>	<p>کوئی بھی والدین جو خصوصی ضرورت والے بچوں کیساتھ ہو - سال کے بچے 2-8</p>	<p>20</p>	<p>مفت</p>	<p>کہانی سنانا اچھا ہے بچوں کو زیادہ الفاظ سیکھنے کے لئے اور والدین اور بچے کے تعلقات میں بہتری لانے کے لئے ہم پیش کرتے ہیں والدین کو بچوں کی کہانی سنانے کی مہارت سیکھنے والا چار گھنٹے کا تربیتی سیشن ،میرے لئے کتاب لائے، کے تعاون سے شرکاء پوری حاضری کے ساتھ کے اسباق کو مکمل کرنے کے بعد دو نئی کہانی کی کتا ہیں حاصل کر سکتے ہیں</p>
---	-------------------------------------	--------------------------	--------------------------	--	-----------	------------	---



خاندانی زون

ذمہ دار کارکن مس جوئے اور مس شویتا

مواد	فیس	گنجاش	هدف	جگہ	وقت	تاریخ	پروگرام کا نام
اپنے پیارے کنبہ کے افراد کے ساتھ ایک طویل ویک اینڈ کے بعد پچھے بیٹھیں اور آرام کریں آپ اتنی محنت کے بعد ایک اچھی فلم کے مستحق ہیں	مفت	20	کسی بھی خاندان کے ارکان (ہر خاندان کے لئے زیادہ تر 4 لوگ	ہوئی فو سینٹر	4:30-6:30pm	22/1,29/1, جمعہ 2021	فرائیڈے مووی جنوری@کلب
						20/2,27/2 جمعہ 2021	فرائیڈے مووی فروری@کلب
						19/3/2021 جمعہ 26/3	فرائیڈے مووی کلب مارچ@

<p>ویسٹ کلون آرٹ پارک کی سیر</p>	<p>20/3/2021 ہفتہ</p>	<p>10 am – 3pm</p>	<p>ویسٹ کلون پارک</p>	<p>کسی بھی خاندان کے ارکان</p>	<p>50</p>	<p>مفت</p>	<p>ویسٹ کولون پارک اس کے خوبصورت مناظر اور بڑے تفریحی مقامات کے لئے اچھی طرح سے جانا جاتا ہے ہم آپ سب کے لئے بہت مزہ گروپ کی سرگرمیاں حاصل کریں گے</p> <p>براہ مہربانی اپنے! کھانے اور مشروبات لائیں</p> <p>جمع ہونے کی جگہ اور وقت صبح دس ہوئی فوسینٹر 10:00 بجے</p> <p>برطرفی کی جگہ اور وقت ہوئی دوپہر تین بجے فوسینٹر 3:00</p>
----------------------------------	---------------------------	------------------------	-----------------------	--------------------------------	-----------	------------	--



Community Resources Highlights

WE PROVIDE

- Healthy food care packages
- Nutritious meal boxes from a vending machine

Beneficiaries

- Families with children under 18
- The unemployed
- Working low-income demographics
- Other vulnerable communities

In Partnership with

- Food Angel
- Feeding Hong Kong
- Corporations (CSR), Organisations, Churches and Individual Donors



Hong Kong Christian Action (Food station)

Unit 10 of Office H2, 1/F, Tai Shing Building (Block H), Cosmopolitan Estate, No.76 Ivy Street, Kowloon

Canteen Opening Hours:

Mondays to Fridays: 11:00am - 2:00pm,

Vending Machine Operating Hours:

Mondays to Sundays & Public Holidays: 7:00am - 11:00pm.

Tel: (852) 2390 0201

自在食
Automated Food
Dispenser Service



煮飯食
Food Pack Service



趁熱食
Hot Meal Service



馬上食
Food Express Service



Jockey Club Food Assistance Programme

offers a series of food assistance to families affected by COVID-19. For details, please go to <https://jcfoodprog.hk/en/application> (available in 8 languages) or contact Miss Joy for enquires.

Community Care Fund

Living Subsidy for Non-Public Housing and Non-CSSA Households (2020)



https://www.communitycarefund.hk/en/assistance_2020.html

The government is giving out one-off subsidy for non-public housing and non-CSSA households this year. Please contact Miss Joy for more information.

